



Favorite Cookbooks & Magazine Resources:

- Babycakes, Erin McKenna
- Babycakes Covers The Classics, Erin McKenna
- Sugar-Free Gluten-Free Baking & Desserts, Kelly E. Keough
- Special Diets for Special Kids & Special Diets for Special Kids TWO, Lisa Lewis, Ph.d.
- The Eat-Clean Diet, Tosca Reno B.S.c., B.Ed.
- Living Without, the magazine for people with allergies and food sensitivities. www.LivingWithout.com
- Gluten-Free Living, www.glutenfreeliving.com

The above sites, brands, books and magazines are a few of my favorites. Discover your own at www.specialdiets.org/food.htm. They list alphabetically every special diet product and website I know. Check it out! Other good resources are www.Autismandi.com and www.gfcfdiet.com.

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