

# Tantrum Log

Name of child: \_\_\_\_\_

Filled out by: \_\_\_\_\_

Date: \_\_\_\_\_

Date Time	Location	Cause	Preceding Event	Length of Time	Intensity*	What Was Done

\* Rate intensity on a scale of 1 to 5

1 = Child has some self-control

5 = Child has no self-control and is in a rage